

Ranna Allergy Information

Allergy Name (code)	Allergy Description
1. Celery	This includes celery stalks, leaves and seeds and celeriac. It is often found in celery salt, salads, some meat products, soups and stock cubes.
2. Cereals containing gluten	This includes wheat (such as spelt and Khorasan wheat/Kamut), rye, barley and oats. It is often found in foods containing flour
3. Crustaceans	This includes crabs, lobster, prawns and scampi. It is often found in shrimp paste used in Thai curries or salad
4. Eggs	This is often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and foods brushed or glazed with egg
5.Fish	This is often found in some fish sauces, pizzas, relishes, salad dressings, stock cubes and in orcestershire sauce.
6. Lupin	This includes lupin seeds and flour, and can be found in some types of bread, pastries and pasta.
7. Milk	This is found in butter, cheese, cream, milk powders and yoghurt. It is often used in foods glazed with milk, powdered soups and sauces.
8. Molluscs	This includes mussels, land snails, squid and whelks. It is often found in oyster sauce or as an ingredient in fish stews.
9. Mustard	This includes liquid mustard, mustard powder and mustard seeds. It is often found in breads, curries, marinades, meat products, salad dressing, sauces and soups.
10. Nuts	This includes almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts. These can be found in breads, biscuits, crackers, desserts, ice cream, marzipan (almond paste), nut oils and sauces. Ground, crushed or flaked almonds are often used in Asian dishes such as curries or stir fries.
11. Peanuts	This can be found in biscuits, cakes, curries, desserts and sauces such as for satay. It is also found in groundnut oil and peanut flour.
12. Sesame	This can be found in bread, breadsticks, oumous, sesame oil and tahini (sesame paste).
13. Soya	This can be found in beancurd, edamame beans, miso paste, textured soya protein, soya flour or tofu. It is often used in some desserts, ice cream, meat products, sauces and vegetarian products.
14. Sulphites	This is often used as a preservative in dried fruit, meat products, soft drinks and vegetables as well as in wine and beer.



All dishes from Ranna are stated below. Please feel free to call us and verify any of the items in details. There are some dishes which only contains terraces of said allergy, as this is produced from our gravy or paste which contains traces amount of cream & mustard.

Section	Dish Name	Allergy Code
Starters		
V	Onion Bhaji	
	Chicken Tikka or Lamb Tikka	M M In marinated paste
V	Quorn Tikka	E M In marinated paste
	Tandoori Chicken	M M In marinated paste
	Sheek Kebab	In marinated paste
	Puree/Nan Roll/Wrap	E
	Ranna Mix Starter	E M In marinated paste
	Special Mix Starter	C E M M
	Lamb Chop	M M In marinated paste
V	Samosa	CE
	Chicken Pakora's	In marinated paste
	Chicken Chat Puree	in marinated paste
	Chicken Spring Roll	C M P
	Prawn Puree	CC
	King Prawn Puree	CC
	King Prawn Butterfly	CCE
	Mushroom Kofta	□ □ In marinated paste
V	Paneer Tikka	M M In marinated paste



		YOUR KITCHE
	Fish Tikka	F M M In marinated paste
Tandoori Dishes		
Tandoori dishes are marinated in	Chicken Tikka	M In marinated paste
yogurt, herbs &	Lamb Tikka	M In marinated paste
spices.	Paneer Tikka (v)	M In marinated paste
	Quorn Tikka (v)	M In marinated paste
	Sheek Kebab (Mince Meat)	In marinated paste
	Lamb Chop	M In marinated paste
	1/2 Tandoori Chicken	M In marinated paste
	Whole Chicken	M In marinated paste
	Chicken or Lamb Shashlik	M In marinated paste
	Shashlik Choices	M In marinated paste
	Tandoori King Prawn Shashlik	C M M In marinated paste
	Tandoori King Prawns	C M M In marinated paste
	Tandoori Mix Grill	In marinated paste
	Ranna Special Platter	E C M M In marinated
		paste



Ranna Chef		YOUR KITCH
Specials		
	Murgi La Jawab	Trace in gravy M M
	Mince Kofta	Trace in gravy M M E
	Chicken or Lamb Tikka Mancherian	Trace in gravy
*	Jal Lamb Nagina	N M M
**	Naga Dish	Trace in gravy
	Lamb or Chicken Shashlick Bhuna	Trace in gravy M
*	Raushon Maas Special	F Trace in gravy
*	Ranna Deshi Chingri Special	Trace in gravy M M
V	Ranna Quorn Special	Trace in gravy M M
*	Special Sylheti Chicken	Trace in gravy
	Mix Grill Massala	Trace in gravy M
	Special Murgi Modukash	Trace in gravy M M
	Murgi Massala	Trace in gravy M M
	Chicken or Lamb Tikka Rezalla	Trace in gravy
*	Ranna Chilli Massala (N)	Trace in gravy M M
	Tandoori King Prawns Garlic	C M M
	Meat Shatkora	Trace in gravy
	Chicken or Lamb Tikka Makhani	N M M



Traditional		YOUR STICHEN AWA
Specials	Tikka	Fish Fish Cluorn v E
	Massala	Trace in gravy
	Butter	Trace in gravy M
*	Garlic Chilli	Trace in gravy
*	Jalfreizi	Trace in gravy
	Passanda	Trace in gravy
	Karahi	Trace in gravy
	Achari	Trace in gravy
Traditional Curry's	Tikka	Fish Fish Cluorn v E
	Korma	N Trace in gravy
	Curry	Trace in gravy
	Bhuna	Trace in gravy
	Dupiaza	Trace in gravy
*	Madras *	Trace in gravy
**	Vindaloo **	Trace in gravy
***	Phall ***	Trace in gravy
*	Ceylon	N S Trace gravy
*	Pathia	F S Trace gravy M M
*	Dhansak	F S Trace gravy M M
	Sag	Trace in gravy



		YOUR KITCHEN AW.
	Methi	Trace in gravy
	Rogan	Trace in gravy
Balti Dishes		
	Chicken or Meat Balti	Trace in gravy
	Chicken or Lamb Tikka Balti	Trace in gravy
	Ranna Mix Balti	Trace in gravy
	Prawn Balti	C Trace in gravy M M
	Tandoori King Prawns Balti	C Trace in gravy M M
V	Balti Novrothon (V)	Trace in gravy
Biryani Dishes		
	Chicken or Meat Biryani	Trace in gravy
	Chicken or Lamb Tikka Biryani	Trace in gravy
	Prawn Biryani	Trace in gravy
	King Prawn Biryani	C M Trace in gravy
	Ranna Mix Biryani	Trace in gravy
V	Vegetable or Quorn Biryani	Trace in gravy
*	Chefs Special Sylheti Briyani	Trace in gravy
Vegetable Dishes		
V	Vegetable Curry	Trace in gravy
V	Vegetable Bhaji	Trace in gravy
V	Mushroom Bhaji	Trace in gravy
V	Garlic Mushroom	Trace in gravy



		YOUR KITCHEN AW.
V	Cauliflower Bhaji	Trace in gravy
V	Bhindi Bhaji	Trace in gravy
V	Brinjal Bhaji	Trace in gravy
V	Sag Bhaji	
V	Tarka Dhal	
V	Bombay Aloo	Trace in gravy
V	Sag Aloo	Trace in gravy
V	Aloo Gobi	Trace in gravy
V	Sag Chana	Trace in gravy
V	Chana Massala	Trace in gravy
V	Chana Bhuna	Trace in gravy
V	Sag Paneer	Trace in gravy
V	Motor Paneer	Trace in gravy
V	Dhal Massala	Trace in gravy
Non veg	Egg Bhuna	trace in gravy 7, 9, 10, 11
V	Sauce –	Trace in gravy

Rice Dishes		
V	Boiled Rice	
V	Pilau Rice	(Gee in pilau)
	Special Fried Rice	(Gee in pilau)
	Oriental Fried Rice	(Gee in pilau)
	Chicken Fried Rice	(Gee in pilau)



		YOUR KITCHEN AWAY
	Egg Fried Rice	E
	Keema Rice	(Gee in pilau)
V	Garlic Rice	(Gee in pilau)
V	Mushroom Rice	(Gee in pilau)
V	Onion Fried Rice	(Cook plants)
V	Vegetable Rice	(Gee in pilau)
V	Coconut Rice	(Gee in pilau)
V*	Chilli Rice	(Gee in pilau)
V	Lemon Rice	(Gee in pilau)
Breads		
V	Nan	C M E
	Chicken Tikka Nan	C E Trace in paste M M
	Keema Nan	C E Trace paste M M
V	Pashwari Nan	N C M S
V	Cheese Nan	C E M
*v	Chilli Nan *	C E M
V	Garlic nan	C E M
V	Onion Nan & Aloo Nan	C E M
V	Paratha	C M
V	Stuffed Paratha	C M
V	Tandoori Roti & Chapatti	C
V	Puree	C



		YOUR KITCHEN AWA'
Sundries		
V	Popadom	
V	Chutney	
V	Raita, Raita onion or cucumber	M
V	Chips	
V	Green Salad	
V	Desi Salad	
Drinks		
	Soft drinks (no allergy information from http://information/)	www.dayladrinks.co.uk/other/product-allergen-
V	Lassi	M
Desserts		
	Coconut Supreme	M
	Mouchak	MN
	Strwberry Flute	M
	Ferrero Rocher	MNP
	Haagen Dazs 100ml	MEC
	Kulfi	MNP
	Ben & Jerry's	MSEC